



Conference

**New perspectives in early
intervention for youth mental
health des jeunes**

Novembre 10, 2023

Maison de l'enfance et de
l'adolescence (HUG)

Geneva



9h00 | Check-in

9h30 - 12h30 | Keynote lectures

Ciné-MEA

- **9h30 - PsyYoung welcome**
- **9h40 - Adrien Bron | Direction générale de la santé, Etat de Genève**
Opening word
- **10h00 - Prof. Stefan Borgwardt | University of Lübeck** *Artificial intelligence in early intervention research: the perspectives and challenges*

10h45 - Coffee break

- **11h00 - Dr Lowri Griffiths, Niyah Campbell & Jamie Morgan | University of Birmingham** *Meaningful involvement of experts by experience in research: Lessons learnt and moving forwards together*
- **11h45 - Prof. Merete Nordentoft | University of Copenhagen** *Insights about early detection and intervention in young people's mental health – a journey of innovation*

12h30 - 13h30 | Networking lunch

Salle Polyvalente

AFTERNOON

WiFi
**HUG-
Public**

13h30 - 14h30 | Parallel Workshops

Workshop 1 **Mindfulteen**

Dr Camille Piguet
Dr Arnaud Merglen
Prof. Paul Klauser

 **Ciné-MEA**

Interactive presentation of the Mindfulteen project, which assesses the neurobiological impact of mindfulness education tailored to young people.

Workshop 2 **Robin Z App**

Dr Maurizia Franscini

 **Room 119**

The Robin therapy program developed in Zurich will be presented, along with the obstacles and specific characteristics of the treatment.

Workshop 3 **@ease platform**

Dr Sophie Leijdesdorff

 **Room 118**

Presentation of the @ease youth walk-in centres, providing active listening by trained volunteers to young people aged 12 to 25.

14h30 - 15h00 | Conference closing word

 **Ciné-MEA**

15h00 - 17h00 | SIPS training

 **French group A** with Prof. Marco Armando (CHUV) et Dr Logos Curtis (HUG)  **Room 119**

French group B with Elodie Spruengli-Toeffel (HUG) et Caroline Conchon (CHUV)  **Room 111**

 **German group** with Cornelia Meier, Julia Gros and Camille Caron (UPK).  **Room 118**

The PsyYoung project

PsyYoung is a cross-cantonal public health project, funded by Promotion Santé Suisse and conducted by the university psychiatric departments of the Centre Hospitalier Universitaire Vaudois in Lausanne (CHUV), the Universitäre Psychiatrische Kliniken Basel (UPK) in Basel, and the Hôpitaux Universitaires de Genève (HUG). It aims to optimize early detection in young people aged 15 to 35 while minimizing unnecessary psychiatric interventions.

Information

www.psyyoung.ch

Contact

info@psyyoung.ch

Location

Maison de l'enfance et de l'adolescence
(MEA)

Hôpital Universitaire de Genève
Bd de la Cluse 26
1205 Genève

Public transport

Tram ligne 12 ou 18, arrêt Augustins
Bus ligne 35, arrêt Maternité Pédiatrie